

COLD THERAPY and DVT PROPHYLAXIS (PACKAGE 2)

Kodiak Cold Therapy

*Cash Pay Only: \$200



PlasmaFlow DVT Prophylaxis

*Commercial Insurance: No Cost
Medicare/HMO: \$150



Kodiak Cold Therapy has long been known as a valuable adjunct following injury, surgery, and post-operative rehabilitation. Early utilization of cold reduces pain, swelling, bruising and can minimize the amount of oral pain medication needed post-trauma surgery.

<https://www.breg.com/products/cold-therapy/devices/cube-cold-therapy/>

PlasmaFlow DVT mobile compression system helps increase blood circulation and decrease postoperative pain, swelling, and inflammation during the critical post discharge period. Sequential compression has shown to be effective in eliminating the bleeding complications of anticoagulants and risk for developing deep venous thrombosis (DVT) as a result of surgery.

<https://www.breg.com/products/dvt-prophylaxis/plasmaflow/plasmaflow/>

Protocols

- 1) **Cold Therapy**- Use the device while awake as much as desired, changing the ice every 6-8 hours. To protect your skin, use a thin barrier between the cold pad and your skin. Inspect your skin every hour, and when changing the ice, ensure the area remains dry and stop use if you experience any adverse reactions or skin irritation.
- 2) **PlasmaFlow**- Use for a minimum of 16 hours per day for the first 2 weeks following your date of surgery. For proper application, connect the three velcro pads to the opposite end of the sleeve, tightening the top strap above the calf muscle to prevent migration. Loosen the pads if throbbing or pulsation occurs.

*Insurance companies classify Cold Therapy as a non-covered item. Your insurance will not be billed for this item and you will be responsible for the price indicated above. If you have Commercial insurance, PlasmaFlow will be provided at no cost. If Medicare or HMO, your insurance will not cover the item and you will be responsible for the price above, if you choose to receive it. Additional information on PlasmaFlow is provided on a separate handout in your surgical packet entitled, "PlasmaFlow Blood Clot Prevention."

To purchase Cold or PlasmaFlow contact Kim Blanco at (650) 544-1092 or kblanco@breg.com